

FUNCTIONAL FITNESS WORKS >>>> CLASS SCHEDULE



MON.

TUES.

WED.

THUR.

FRI.

SAT.

5:15-6:15am
Adult Functional
Fitness

9:30-10:30am
Adult Functional
Fitness

4:30-5:15pm
Youth Class (10-17yo)

5:30-6:30pm
Adult Functional
Fitness

7:00-8:00pm
OCR

9:30-10:30am
Adult Functional
Fitness

4:30-5:15pm
*Kids Class (5-9yo)

5:30-6:30pm
Adult Functional
Fitness

5:15-6:15am
Adult Functional
Fitness

9:30-10:30am
Adult Functional
Fitness

4:30-5:15pm
Youth Class (10-17yo)

5:30-6:30pm
Adult Functional
Fitness

7:00-8:00pm
OCR

9:30-10:30am
Adult Functional
Fitness

4:30-5:15pm
*Kids Class (5-9yo)

5:30-6:30pm
Adult Functional
Fitness

5:15-6:15am
Adult Functional
Fitness

9:30-10:30am
Adult Functional
Fitness

8:30-9:30am
Adult Functional
Fitness

9:45-10:30am
Hybrid Conditioning

10:45-11:30am
Kids Class (5-9yo)

* NOTE:

Open gym 24/7 for members with exception during Kids Class - NO MEMBERS allowed in gym Tues/Thurs 4:30-5:15pm

Located at 215 North 4th Street → Behind (East of) Family Fitness Works
Phone: 765-969-7371 | Email: funfitworks2013@gmail.com